

DESIGNING A WOMAN'S LIFE

DISCOVERING YOUR UNIQUE PURPOSE AND PASSION

Do you know your life purpose? Many women say no. But the answer can be a passionate yes! We each harbor a unique purpose and passion, and this life-changing seminar can help you and the women in your group discover a meaningful mission in life.

Based on her book, *Designing a Woman's Life*, in this seminar author Judith Couchman sensitively helps women explore these themes:

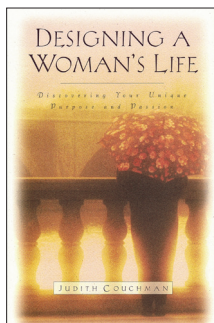


- ◆ **Discovering Your Purpose.** What is a God-given purpose? How can I discover my purpose? How does God prepare me for my purpose? How do I infuse meaning into my purpose?
- ◆ **Creating a Clear Vision.** What is vision and how do I develop it? Can I pursue more than one vision for my life? How do I stay on track with my purpose and vision?
- ◆ **Becoming a Woman God Can Use.** Why does God allow difficulty and disappointment in my life? Can I be broken and still pursue my purpose? What about the years I've wasted? How do I become a woman God can use?
- ◆ **Making a Difference.** How does purpose lead to spiritual influence? How do I prepare for and manage spiritual influence? How can I make a lasting difference in the world?

With wisdom, humor, and compassion, Judith has communicated principles of purpose to thousands of women. Don't miss bringing this dynamic speaker to your group. Become everything God meant you to be.

“Judith Couchman's seminar enriched the lives of the women at our retreat. No matter what their ages or seasons, women were energized by the concepts she taught.”

—Women's Ministry Director, Seattle



BRING THIS LIFE-CHANGING SEMINAR TO YOUR GROUP

To learn more about the principles in the *Designing a Woman's Life* seminar, read Judith's book with the same title. You can order the book, *Designing a Woman's Life*, and its accompanying Bible study and workbook at Christian bookstores. Or at Amazon.com, Half.com, and other online booksellers. Some groups that sponsor the seminar also purchase the book for their participants, folding the cost into the registration price for the seminar.

FOR MORE INFORMATION

Contact Judith at: **EMAIL:** judith@judithcouchman.com | **MAIL:** P.O. Box 6866, Colorado Springs, Colorado 80934

Find Your Unique Purpose and Passion in Life

ABOUT THE SPEAKER



Judith Couchman is an author and speaker with more than 40 published books, studies, and compilations. Her books cover topics as diverse as discovering your purpose, shaping the soul, thriving in difficult times, body image, art history, and flower gardening. Judith has spoken to professional and women's groups around the country and overseas. She presents seminars based on her books and speaks to a variety of groups. Whatever the topic, she leads readers to consider their own spiritual formation in everyday life.

SEMINAR SCHEDULE

Depending on your group's needs, the content can be presented as a one-day seminar; a Friday evening to Saturday-afternoon seminar; or as a weekend retreat from Friday evening to Sunday noon. This is a sample one-day schedule:

- 8:00 – 8:30 Registration
- 8:30 – 10:00 Discovering Your Purpose
- 10:00 – 10:30 Break
- 10:30 – 12:00 Creating a Clear Vision
- 12:00 – 1:00 Lunch
- 1:00 – 2:30 Becoming a Woman God Can Use
- 2:30 – 3:00 Break
- 3:00 – 4:30 Making a Difference

FINANCIAL ARRANGEMENTS

To sponsor a Designing a Woman's Life seminar, your group will pay Judith's expenses (honorarium, travel, lodging, meals), plus the cost for handouts and other seminar-related items. For a group of 50, a reasonable seminar fee will cover these expenses. Specifics about the financial arrangements can be obtained from Judith at judith@judithcouchman.com.

JUDITH ON THE WEB

WEBSITE:

www.judithcouchman.com

BLOGS:

Notes from Judith

www.judithcouchman.blogspot.com

Starting Over

www.startingover-judithcouchman.blogspot.com

NETWORKING:

Facebook

www.facebook.com/judithcouchman

Twitter

www.twitter.com/judithcouchman

YouTube

www.youtube.com
(search for Judith Couchman)

“When Judith came to our church we were treated to a woman who is passionate about her God-given purpose. She engaged us in a variety of thought-provoking and practical methods so we left with a clearer vision and purpose for our own lives. Judith was easy to listen to. I found myself very open to her authentic and encouraging style. On behalf of all the women who attended, I wholeheartedly recommend both the seminar and Judith herself. She is superb!”

—Women's Ministry Director, Menlo Park, California

